THURSDAY

CRÈCHE (FREE)

Dates: Termly

Time: 12.00 noon - 2.00pm

Our qualified early childhood staff can care for your child/children for 2 hours while you study, seek work or to take some time out for yourself.

Bookings essential

To book in and/or discuss please call us on 8392 3080

CIRCLE OF SECURITY (FREE)

Dates: Term 2- Starts 9th May Time: 12.00 noon - 2.00pm A FREE 8 week course, Learn to:

- ⇒ Help your child organize their feelings
- ⇒ Enjoy a more fulfilling relationship with your child
- ⇒ Help your child to feel secure, both now and into the future.

Bookings essential

To book in and/or discuss please call 82156310 Or email Aldinga@centacare.org.au

OZ HARVEST - FREE FOOD ASSISTANCE

Dates: Every Tuesday and Thursday

Time: After 2.00pm

Free to all NO eligibility criteria

FRIDAY

LITTLE MOTHER EARTH CARETAKERS CHILDRENS MUSIC PROGRAM (FREE)

Dates: Fridays Termly Time: Between 9:30-11am

Join local Kaurna Women Naomi and Maureen for a Program filled with Dancing, Music, Singing, Story Telling, Painting, Drawing, Bark and Ochre Play.

A Harmonious space filled with love, empowerment and support. Sharing our Traditional Knowledge to spread positivity.

To book call 83923080 **Bookings Essential**

FRIENDS RESILIENCE PROGRAM (FREE)

Dates: Termly

Time: 3.30pm - 5.00pm

Please see information in the regular programs section.

YOUNG PARENTS PROGRAM

Dates: Fridays Time: 12-2pm

Are you under 25 and pregnant or a parent?
Come and join Hackham's Young Parent
Group. You will be part of a supportive group,
while learning more about parenting. Creche

Available, Bookings Essential

Phone 83923080 and Speak to Hayley, or email hmclay@junctionaustralia.org.au



HACKHAM COMMUNITY CENTRE

NEWSLETTER
TERM 2
29TH APRIL-5TH JULY 2024

72 Collins Parade, Hackham SA 5163
P: 8392 3080 E: cchackham@junctionaustralia.org.au



TERM 2 2024

We welcome everyone into this safe community space, whether you are looking to connect with others, explore learning opportunities for yourself or your children or to simply come in for a coffee and a chat.

All of the programs and activities offered at Hackham Community Centre are NO

COST



PROGRAMS AND EVENTS



REGULAR PROGRAMS

FRIENDS RESILIENCE PROGRAM

The FRIENDS Resilience Program is a 10-week early intervention/prevention program for children to build resilience and problemsolving abilities, promote self-confidence and empowers children and families. It uses an evidence-based, FUN approach to learning life skills.

Times: 3.30pm - 5.00pm

Aldinga Wednesdays weekly
(Payinthi College—Aldinga)

Seaford Thursdays weekly
(Seaford Community Centre)

Hackham Fridays Weekly

(Hackham Community Centre)

Bookings to Nicci on 8392 3080 or email nkilner@junctionaustralia.org.au

This is a Communities for Children activity funded by the Australian Government Department of Social Services.

VENUE HIRE

The Hackham Community Centre is available to hire out for groups, meetings and events.

It's a fantastic space to host children's birthday parties!

Fees from \$20 per hour with bond refundable on key return.
For Booking/Enquiries Call 83923080

MONDAY

JAPANESE PLAYGROUP

Dates: Termly

Time: 9.30am - 11.30am

A FREE social playgroup for Japanese families to enjoy, share, make social connections and play with their children.

TUESDAY

PLAYGROUP TUESDAY (FREE)

Dates: Termly

Time: 9.30am - 11.00am

Our supported playgroup is a great place to meet other families, let your children play with others in a safe and supported environment. Please Bring along a piece of fruit to share if

you can.

No bookings necessary just come along!

WOMEN'S GROUP (FREE)

Dates: Termly

Time: 12.00 noon - 2.00pm

Come and meet other women at a community driven women's group. Focus on wellbeing,

empowerment and sharing.

Tea and Coffee provided. All welcome.

Please register and book via the Centre on 8392 3080 or come in and speak to one of our

friendly staff.

FREE Crèche Available

<u>CRÈCHE (FREE)</u>

Dates: Termly

Time: 12.00 noon - 2.00pm

Our qualified early childhood staff can care for your child/children for 2 hours while you study, seek work or to take some time out for your-

self.

Bookings Essential

To book in and/or discuss please call us on

8392 3080

FREE COUNSELLING

Dates: Tuesdays

Time: Between 9.00am-5.00pmStudent Counsellor offering Sessions on Tuesdays. To book please call the

centre on 83923080

Bookings Essential

OZ HARVEST - FREE FOOD ASSISTANCE

Dates: Every Tuesday and Thursday

Time: <u>After 2.00pm</u> NO eligibility criteria

WEDNESDAY

CRÈCHE (FREE)

Dates: Termly

Time: 9.30am-11:30 and 12-2pm

Our qualified early childhood staff can care for your child/children for 2 hours while you study, seek work or to take some time out for

yourself.

Bookings Essential.

To book in and/or discuss please call us on

<u>8392 3080</u>

DOMESTIC & FAMILY VIOLENCE SUPPORT PROGRAMS

<u>Please contact the Centre to make</u> <u>confidential enquiries on 8392 3080</u>

THURSDAY

PLAYGROUP THURSDAY (FREE)

Dates: Termly

Time: 9.30am- 11.00am

Our supported playgroup is a great place to meet other families, let your children play with others in a safe and supported environment.

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Please Bring along a piece of fruit to share if

you can.

No Booking necessary just come along!