## **THURSDAY**

#### **CRÈCHE (FREE)**

#### Dates: Termly

Time: 12.00 noon - 2.00pm

Our qualified early childhood staff can care for your child/children for 2 hours while you study, seek work or to take some time out for yourself. **Bookings** essential To book in and/or discuss please call us on 8392 3080

#### **OZ HARVEST - FREE FOOD ASSISTANCE**

Dates: Every Tuesday and Thursday Time: After 2.00pm Free to all NO eligibility criteria

## **FRIDAY**

#### LITTLE MOTHER EARTH CARETAKERS **CHILDRENS MUSIC PROGRAM (FREE)**

**Dates: Fridays Termly** Time: Between 9:30-10:30am Join local Kaurna Women Naomi and Maureen for a Program filled with Dancing, Music, Singing, Story Telling, Painting, Drawing, Bark and Ochre Play. A Harmonious space filled with love, empowerment and support. Sharing our Traditional Knowledge to spread positivity. To book call 83923080 **Bookings Essential** 

#### FRIENDS RESILIENCE PROGRAM (FREE)

Dates: Termly Time: 3.30pm - 5.00pm

Please see information in the regular programs section.

#### YOUNG PARENTS PROGRAM

Dates: Fridays Time: 12-2pm Are you under 25 and pregnant or a parent? Come and join Hackham's Young Parent Group. You will be part of a supportive group, while learning more about parenting. Creche Available, Bookings Essential

Phone 83923080 and Speak to Hayley

#### **FREE COUNSELLING**

**Dates: Fridays** Time: Between 9.00am-5.00pm Student Counsellor offering Sessions on Fridays, To book call 83923080 **Bookings Essential** 

# HACKHAM COMMUNITY CENTRE

## **NEWSLETTER TERM 1, 2024** 29TH JANUARY - 12TH APRIL 2024.

72 Collins Parade, Hackham SA 5163 **P:** 8392 3080 **E:** cchackham@junctionaustralia.org.au Facebook Group: Hackham Community Centre



We welcome everyone into this safe community space, whether you are looking to connect with others, explore learning opportunities for yourself or your children or to simply come in for a coffee and a chat.

All of the programs and activities offered at Hackham Community Centre are NO COST



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**TERM 1, 2024** 

## **PROGRAMS AND EVENTS**



## **REGULAR PROGRAMS**

#### FRIENDS RESILIENCE PROGRAM

The FRIENDS Resilience Program is a 10week early intervention/prevention program for children to build resilience and problemsolving abilities, promote self-confidence and empowers children and families. It uses an evidence-based, FUN approach to learning life skills.

Times: 3.30pm - 5.00pm

AldingaWednesdays weekly(Payinthi College—Aldinga)SeafordThursdays weekly(Seaford Community Centre)HackhamFridays Weekly(Hackham Community Centre)

Bookings to Nicci on 8392 3080 or email nkilner@junctionaustralia.org.au

This is a Communities for Children activity funded by the Australian Government Department of Social Services.

#### **VENUE HIRE**

The Hackham Community Centre is available to hire out for groups, meetings and events.

It's a fantastic space to host children's birthday parties!

Fees from \$20 per hour with bond refundable on key return. For Booking/Enquiries Call 83923080

## MONDAY

#### JAPANESE PLAYGROUP

Dates: Termly Time: 9.30am - 11.30am A FREE social playgroup for Japanese families to enjoy, share, make social connections and play with their children.

#### FREE COUNSELLING

Dates: Monday Time: Between 9.00am-5.00pm Student Counsellor offering FREE sessions on Mondays. To book please call the centre on 83923080 Bookings Essential

## **TUESDAY**

#### **PLAYGROUP TUESDAY (FREE)**

Dates: Termly Time: 9.30am - 11.00am

Our supported playgroup is a great place to meet other families, let your children play with others in a safe and supported environment. **Please Bring along a piece of fruit to share if you can.** 

No bookings necessary just come along!

#### WOMEN'S GROUP (FREE)

Dates: Termly Time: 12.00 noon - 2.00pm Come and meet other women at a community driven women's group. Focus on wellbeing, empowerment and sharing. Lunch provided. All welcome.

Please register and book via the Centre on 8392 3080 or email

telvin@junctionaustralia.org.au or come in and speak to one of our friendly staff. <u>FREE Crèche Available</u>

### **CRÈCHE (FREE)**

Dates: Termly Time: 12.00 noon - 2.00pm Our qualified early childhood staff can care for your child/children for 2 hours while you study, seek work or to take some time out for yourself. Bookings Essential

To book in and/or discuss please call us on 8392 3080

#### FREE COUNSELLING

Dates: Tuesdays Time: Between 9.00am-5.00pm Student Counsellor offering Sessions on Tuesdays. To book please call the centre on 83923080 Bookings Essential

#### **OZ HARVEST - FREE FOOD ASSISTANCE**

Dates:Every Tuesday and ThursdayTime:After 2.00pmNO eligibility criteria

## WEDNESDAY

#### **CRÈCHE (FREE)**

Dates: Termly Time: 9.30am-11:30 and 12-2pm Our qualified early childhood staff can care for your child/children for 2 hours while you study, seek work or to take some time out for yourself.

Bookings Essential. <u>To book in and/or discuss please call us on</u> <u>8392 3080</u>

DOMESTIC & FAMILY VIOLENCE SUPPORT PROGRAMS Please contact the Centre to make confidential enquiries on 8392 3080

## **THURSDAY**

### PLAYGROUP THURSDAY (FREE)

Dates: Termly Time: 9.30am- 11.00am Our supported playgroup is a great place to meet other families, let your children play with others in a safe and supported environment. Please Bring along a piece of fruit to share if you can.

No Booking necessary just come along!