

KANGAROO ISLAND COMMUNITY CENTRE

Everyone is welcomed at the Kangaroo Island Community Centre with care and compassion. Whether you are wanting to connect with others, explore learning opportunities or to simply stop by for a chat.



SEE OUR RANGE OF COMMUNITY PROGRAMS

| KEEP AN EYE ON OUR FACEBOOK PAGE OR COMMUNITY CENTRE WINDOW FOR FLYERS FOR OTHER EVENTS AND WORKSHOPS TAKING PLACE |

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|--|
| <p>ARE WE MISSING SOMETHING?</p> <p>What else would you like to see at your Community Centre?</p> <p>Call the centre on 8553 2809 or come in and speak to one of our friendly staff or volunteers.</p> | <p>PARKINSONS SUPPORT GROUP 10.30am—12.30pm</p> <p>Meet other people with Parkinson's disease, or caring for someone who has Parkinson's disease. This support group gives you a chance to meet others with a shared experience.</p> <p>(2nd Tues) MONTHLY</p> | <p>COUNTRY WOMEN'S ASSOCIATION 6.30pm Onwards</p> <p>Come along to a monthly meeting and meet other women while learning new skills. CWA advocates and advances the rights and equity of women, families and communities through</p> <p>(3rd Wed) MONTHLY</p> |  <p>KIDS CLUB IS COMING BACK - WILL KEEP YOU POSTED</p> | <p>WOMEN'S CRAFTY ISLANDERS (\$2) 10am—2pm</p> <p>Do you have an unfinished project? We invite you to join this self-paced group to finish or even start your next craft project. Everyone is welcome in a friendly atmosphere.</p> <p>WEEKLY</p> |
| <p>WOMEN'S MOSAIC GROUP (\$4) 10am—2.30pm</p> <p>Meet other women at a community driven women's mosaic group. Focus on wellbeing whilst learning the art of mosaics. Finishing each group session with a shared lunch.</p> <p>WEEKLY</p> | <p>PINS & NEEDLES (\$2) 10am—2pm</p> <p>Join us for a few hours of fun with fabrics! Bring along your own project or try something new. The Community Centre has sewing machines or bring your own.</p> <p>(3rd Tues) MONTHLY</p> | <p>GROW FREE CART Open 24/7</p> <p>Our grow free cart allows our beautiful community garden and the community to donate excess produce to share.</p> <p>"Take what you need and give what you can."</p> <p>DAILY</p> | <p>CARERS SUPPORT GROUP 2pm—4pm</p> <p>Meet with other carers in this friendly and relaxed space, socialise, share information and offer support. For more info phone Shane from Carers SA on 0477 886 678.</p> <p>(2nd Thu) MONTHLY</p> |  <p>FRIENDS OF THE GARDEN</p> |
| <p>KI MUSO'S CLUB 7pm—Until Late</p> <p>Musicians and music lovers alike are all welcome to this relaxed club. Can't make it to Kingscote, the Muso Club also meets every second Monday of each month at the "The Shed" in American River.</p> <p>(4th Mon) MONTHLY</p> | <p>COMMUNITY KARAOKE 5pm—Until Late</p> <p>All you need is a love of singing and our Karaoke Queen Jennifer will help with the rest. Have fun, meet new people and enjoy using that hidden voice of yours.</p> <p>WEEKLY</p> |  <p>Junction Community GARDEN</p> | | <p>DID SOMETHING INTEREST YOU AND YOU WANT TO KNOW MORE?</p> <p>OR MAYBE YOU HAVE A SKILL YOU WOULD LIKE TO SHARE WITH OTHERS IN THE COMMUNITY?</p> <p>Give the Community Centre a call to see what we could do together.</p> <p>Junction FREEDOM TO THRIVE</p> |
|  <p>LOOKING FOR A MUSIC REHEARSAL SPACE?</p> | <p>CARERS SUPPORT GROUP 2pm—4pm</p> <p>Meet with other carers in this friendly and relaxed space, socialise, share information and offer support. For more info phone Shane from Carers SA on 0477 886 678.</p> <p>(4th Tues) MONTHLY</p> |  <p>We acknowledge and respect the traditional custodians whose ancestral lands we live and work on today. Our centre celebrates the diversity, strength and resilience of Aboriginal and Torres Strait Islander peoples. We acknowledge the grief, trauma and loss of past and present harm and are committed to working together to create opportunities for healing, learning, growth and a brighter future</p> | | <p>2023 July to September</p> |

16 Telegraph Road, Kingscote SA 5223

P: 8553 2809 E: kicc@junctionaustralia.org.au Facebook Group: Kangaroo Island Community Centre

How can we help you?

KANGAROO ISLAND COMMUNITY CENTRE

16 Telegraph Road, Kingscote SA 5223 P: 8553 2809

E: kicc@junctionaustralia.org.au

Facebook Group: Kangaroo Island Community Centre

SEE OUR RANGE OF SUPPORTS AVAILABLE AT THE COMMUNITY CENTRE

* Please call to make an appointment time as visiting service

| LEGAL* | MEDIATION* | EMERGENCY RELIEF | DOMESTIC VIOLENCE | HOMELESSNESS |
|---|---|--|---|--|
| <p>SOUTHERN COMMUNITY JUSTICE CENTRE</p> <p>Southern Community Justice Centre offers information, legal advice and ongoing assistance and court representation with no legal cost for clients who cannot afford to pay a private solicitor and do not qualify for legal aid.</p> <p>Ph: 8384 5222</p> | <p>UNITING COMMUNITIES</p> <p>The Family Relationship Centre provides family dispute resolution for families and children, if appropriate. Mediation also offered to other affected family members.</p> <p>Ph: 8202 5200</p> | <p>JUNCTION</p> <p>Are you experiencing a financial crisis? We may be able to assist with food, overdue electricity, gas or water payments, pharmacy bills, doctor visits or transport assistance.</p> <p>Ph: 8553 2809</p> | <p>IF YOU ARE IN IMMEDIATE DANGER CALL 000</p> <p>National counselling helpline, information and support 24/7 p: 1800 RESPECT p: 1800 737 732 w: 1800respect.org.au</p> <p>JUNCTION</p> <p>Are you living with or experiencing domestic violence or unsure and need someone to talk to privately and confidentially.</p> <p>Ph: 8553 2877</p> | <p>JUNCTION</p> <p>We offer short to medium term support for individuals aged 15+ and families who are homeless or at risk of becoming homeless due to —issues with tenancies, non-payment of rent, financial difficulties, disruptive behaviour or personal issues leading to homelessness.</p> <p>Please note Junction does not have access to emergency housing or private rentals.</p> <p>Ph: 8553 2809</p> |
| <p>GAMING*</p> | <p>GAMBLING*</p> | <p>YOUTH AOD*</p> | <p>CARERS SUPPORT</p> | <p>TRANSPORT</p> |
| <p>RELATIONSHIPS AUSTRALIA</p> <p>Are you concerned about your child's excessive gaming habits, or are you a young person who would like some help in addressing your gaming or internet addiction. We can help.</p> <p>Ph: 1800 934 196</p> | <p>RELATIONSHIPS AUSTRALIA</p> <p>Gambling is a problem when it consumes more money and time than a person can afford, and begins to affect other aspects of their lives. If you are concerned about your own, a family member or a friend's gambling...we can help you.</p> <p>Ph: 1800 934 196</p> | <p>MISSION AUSTRALIA</p> <p>Youth and Family Alcohol and Other Drug Support service for young people between the ages of 10 and 24 years who are living with alcohol or other drug concerns. The service is available for a young person, family member, carer or any significant other who maybe seeking to change their substance use. The service also aims to provide support to those persons impacted by others substance use to improve their quality of life.</p> <p>Ph: 8182 0707</p> | <p>CARERS SA</p> <p>Are you helping a family member or a friend in their day-to-day life? Do they have a disability, a drug or alcohol-related problem, are experiencing a mental illness, have a long term medical condition or are they frail and aged? Carers SA is here to support you.</p> <p>Ph: 0477 886 678</p> | <p>JUNCTION</p> <p>Do you want to catch up with a friend, have an appointment or need to go shopping and unable to access transport then this service may be available to you. Bookings essential and must be made 48-60 hours in advance. BOOKINGS ESSENTIAL ELIGIBILITY—Must be under 65 years old and not on an NDIS plan</p> <p>Ph: 8553 2809</p> |
| <p>PYSCHOSOCIAL</p> | <p>FINANCIAL</p> | <p>DAY OPTIONS</p> | <p>CONNECTIONS</p> | <p>CHILD & YOUTH</p> |
| <p>NEAMI</p> <p>We provide individual recovery support to people experiencing mental health issues. We support you to identify your values and goals and help you progress towards achieving them. We believe everyone can benefit from flexible support to live a meaningful and fulfilling life.</p> <p>Ph: 8531 2395</p> | <p>JUNCTION</p> <p>Managing your financials can be confusing, especially if bills, rent, credit card debt and mortgages are adding pressure. Our financial counsellor can support people who are struggling to manage their finances, create a budget, look at options and advocacy.</p> <p>NILS LOAN</p> <p>If you need an essential item or service not available through emergency relief, ask us about our No Interest Loans (NILS) program. Loans available up to \$1,500 with NO interest, NO fees and NO charges ever - pay back only what you borrow.</p> <p>Ph: 8553 2809</p> | <p>COMMUNITY LIVING AUSTRALIA</p> <p>We support people with disability to dream big, set meaningful goals and plan how to achieve them. Providing social and recreational activities, life skills and personal assistance, in one-on-one or in small group settings. With a strong focus on fun, participation and adventure you will be provided with a wealth of active learning opportunities to develop life skills, increase confidence and independence.</p> <p>Ph: 8553 2310</p> | <p>COMMUNITY CONNECTIONS</p> <p>Community Connections supports people, not eligible for mainstream programs such as NDIS and My Aged Care, to be more involved in their community and to connect to networks and services. It's a short-term (up to 12 weeks) program that helps to strengthen connections to social networks, communities and services. This program can also support access to transport options.</p> <p>Ph: 0477 886 678</p> | <p>CHILDREN AND ADOLESCENT MENTAL HEALTH SERVICE</p> <p>CAMHS is a community-based mental health service provided through SA Health's Women's and Children's Health Network. Providing a local mental health services to infants, children, adolescents and perinatal women.</p> <p>Ph: 8391 3304</p> |

DIDN'T FIND WHAT YOU'RE LOOKING FOR?

Give the Community Centre a call to see if we can point you in the right direction.