

Community Connections Hackham NEWSLETTER

72 Collins Parade, Hackham SA 5163 P: 81866944 E:cchackham@junctionaustralia.org.au

Connecting with Communities – Term 4 2018

<p>**NEW** FREE KIDS CLUB – WEEKLY</p> <p>When: Thursdays Time: 3.30-5.00pm Dates: 25th October – 13th December</p> <p>Come join us (no bookings required) after school for a range of fun activities. Yoga, drumming, cooking and arts and craft. Come alone or bring a friend.</p> <p>FREE Afternoon snacks provided ☺</p> <p>Facilitated by Tammy & Ajah</p>	<p>Multi-Cultural Women’s Group</p> <p>When: Mondays Time: 11:30am – 1:30pm Dates: During School Term</p> <p>A supported coffee & chat group to make new friends, find out information & have fun. All ages welcome – come along with your children or on your own.</p> <p>Facilitated by Ewa – no booking required.</p>	<p>Yoga – My Body My Instrument</p> <p>When: Mondays Time: 5.30pm - 6.30pm</p> <p>A session of gentle movement, relaxation and a little chanting. 4 session pass \$50.00</p> <p>Booking to Sherilee on 0408829866 or email sherileejoymusic@gmail.com</p>
<p>Playgroup Tuesday</p> <p>When: Tuesdays Time: 9.30am – 11.00am Dates: During School Term</p> <p>Our supported playgroup is a great place to meet other families, let your children play with others in a safe and supported environment.</p> <p>Join Ewa for Playgroup each Tuesday Cooking and Craft</p> <p>FREE</p>	<p>Art Therapy</p> <p>When: Wednesdays Time: 10.00am – 11.00am Dates: October 24th, 31st, November 7th.</p> <p>For Parents/Carers and your child/ren aged 3 years + Creche available for younger siblings.</p> <p>Making art with natural objects. Explore through art what brings you and your child joy. Bookings on 8186 9644 Morning Tea provided</p>	<p>FREE Crèche</p> <p>When: Tuesdays 12pm – 2.00 pm When: Wednesdays 9.30am – 2.30pm When: Thursdays 12.00pm – 2.00pm</p> <p>We can care for your child/ren for 2 hours while you study, seek work or another activity that supports you to re-enter the workforce, education or look after yourself. Bookings on 8186 6944 Please bring a snack/drink, anything your child/ren may require.</p>
<p>Financial Counselling</p> <p>When: Wednesdays fortnightly Time: 9.00am- 2.00pm</p> <p>Uniting Communities financial counsellors can help support people who are struggling to manage their finances, with information, options and advocacy</p> <p>To book an appointment or speak to a financial counsellor Contact 8202 5010</p>	<p>Kids N Dads*</p> <p>When: Wednesdays Time: 3.30pm – 5.00pm Dates: During school term</p> <p>FREE weekly activity for children (birth – 12) and their *fathers’/father figures to enjoy fun activities together, share some food, learn new skills and build relationships.</p> <p>Please register with Malcom on 0437232124 or email malcolmd@unitingcommunities.org This is a Communities for Children activity funded by the Australian Government Department of Social Services.</p>	<p>Playgroup Thursday</p> <p>When: Thursdays Time: 9.30am – 11.00am Dates: During School Term</p> <p>Our supported playgroup is a great place to meet other families, let your children play with others in a safe and supported environment.</p> <p>Join Ajah for Playgroup each Thursday, cooking each fortnight.</p> <p>FREE</p>

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<p>Siblings in Focus Times: 3.30pm to 5.00pm</p> <p>Aldinga – Wednesdays weekly @ Aldinga Community Centre</p> <p>Seaford – Thursdays weekly @ Seaford Community Centre</p> <p>Hackham – Fridays Fortnightly @ Community Connections Hackham</p> <p>A program for 5-12-year-old siblings of children with disabilities and/or chronic illness.</p> <p>Bookings to Tanya on 8186 6944 <small>This is a Communities for Children activity funded by the Australian Government Department of Social Services</small></p>	<p>Who's in Charge When: Mondays Time: 10.00am – 12.00 noon Dates: 22nd October till 10th December.</p> <p>A free course for those struggling with adolescents that use violence and abuse towards them and other family members.</p> <p>Facilitated by Sheila Davidson FREE program provided by Junction Australia</p> <p>Bookings on 8186 6944 NO crèche available</p>	<p>Music Circle with Sherilee When: Fridays Time: 9.30 – 11.30 Dates: During school term</p> <p>Come along with your child/ren to enjoy music with Sherilee and other families. Children get the opportunity to play instruments, sing songs and enjoy a shared snack together.</p> <p>Facilitated by Sherilee</p> <p>FREE</p> <p>Bookings on 8186 6944</p>
<p>Grow Free Cart</p> <p>When: Weekdays Time: 9.00am – 5.00pm</p> <p>Did you know we now have a Grow Free Cart! The cart allows for the community to donate excess produce to share. Any members of the community are welcome to "Take what you need and give what you can." In addition to the cart we have gardens that you can help with, just give us a call.</p>	<p>Glad to Be Me</p> <p>When: Mondays Time: 12.30 – 3.00pm</p> <p>Discover your qualities and strengths. Feel good about YOU using Altered Book Art Therapy method. NO experience or skills needed. Receive your own book.</p> <p>Facilitated by Rose Boswell (B.A; Dip Ed; B. Soc Sc.) FREE program provided by Junction Australia. Bookings 8186 6944</p>	<p>Oz Harvest</p> <p>When: Tuesday Time: Afternoon, after 1.30</p> <p>Oz Harvest kindly donates to the centre on a Tuesday, community members are welcome to drop in and access some food to support their family. We encourage you to just take enough for your family so that the resources can be shared throughout the community.</p> <p>Thank you for your support.</p>
<p>Centre Hire</p> <p>Community Connections is available for hire to families wanting a space to celebrate a child's birthday. Hire rates are \$20 per hour with a minimum of 3 hours hire on a weekend. A bond is taken and returned when key and inspection completed. Please contact us on 8186 6944 for more information.</p> <p>Facebook Group: Community Connections Hackham</p>	<p>Circle of Security (Centrecare)</p> <p>When: Tuesdays Time: 12.00 – 2.00pm Dates: 30th October – 20th November</p> <p>Help your child organize their feelings and enjoy a more fulfilling relationship with your child and help them to feel secure, now and into the future. Facilitated by Clare Daly (Centrecare)</p> <p>Creche Available Bookings 8186 6944</p>	<p>Community Connections Team Volunteers: Lou, Len, Claire, Sofia & Jacinta Staff: Tammy, Kerry, Sue, Tanya, Ewa & Ajah</p> <p>Without the support and dedication of our volunteers and staff the Centre would not be able to provide the services it does. Volunteers are the heart of the Centre. If you would like to share your skills as a Volunteer, please give us a call on 8186 6944.</p>