

Hackham Community Centre

NEWSLETTER – TERM 2, 2019

72 Collins Parade, Hackham SA 5163 P: 8186 6944 E: cchackham@junctionaustralia.org.au

Facebook Group: Hackham Community Centre

MONDAY

Yoga

My Body My Instrument

Time: 5.30pm - 6.30pm

A session of gentle movement, relaxation and a little chanting.

5 session pass \$50.00

Booking to Sherilee on 0408829866 or email

sherileejoymusic@gmail.com



We are looking for individuals who can help us grow and maintain the gardens. We also welcome donations of plant cuttings, seeds, organic fertilisers and other things that can help with the project

Weekly gardening every Monday from 3:00 pm to 5:00 pm except public holidays.

Basic gardening tools are available and there will be light refreshments too.

Centre Hire

The Community Centre is available for hire for events and children's birthday parties.

Hire rates are \$20 per hour with a minimum of 3 hours hire on a weekend. A bond is taken and returned when key and inspection completed.

TUESDAY

Playgroup Tuesday (FREE)

Time: 9.30am – 11.00am

Dates: During School Term

Our supported playgroup is a great place to meet other families, let your children play with others in a safe and supported environment.

Join Ewa for Playgroup each Tuesday learning through play

Baby Playgroup (FREE)

Time: 10:30am-11.30am

Dates: During School Terms

Come and join us for our baby playgroup. Babies are never too young to start reaping the rewards of play. Parents/caregivers get out of the house, meet new friends and share experiences!

Women's Group (FREE)

Time: 12pm – 2pm

(FREE crèche available)

Dates: 30th April-2nd July

Come and meet other women at a community driven women's group. Focus on wellbeing, empowerment, art and craft and of course food! Please register and book via the Centre on 8186 6944 or come in and speak to one of our friendly staff.

Oz Harvest

Oz Harvest kindly donates to the centre on a Tuesday afternoon, community members are welcome to drop in and access food support. We encourage you to take enough for your family so that the resources can be shared throughout the community.

WEDNESDAY

Financial Counselling

Time: 9.00am- 2.00pm

Uniting Communities financial counsellors can help support people who are struggling to manage their finances, with information, options and advocacy

To book an appointment or speak to a financial counsellor Contact 8202 5010

Shark Cage

Time: 12:00 – 2:30

Dates: 1st May – 26th June

An assertiveness and self-confidence building course for women who have experienced family/domestic violence or sexual abuse.

FREE CRECHE AVAILABLE

Call the centre on 8186 6944 for details.

Kids N Dads

Time: 3.30pm – 5.00pm

Dates: During school term

FREE weekly activity for children (birth – 12) and their fathers/father figures to enjoy fun activities together, share some food, learn new skills and build relationships.

Please register with Malcom on 0437232124 or email

malcolmd@unitingcommunities.org

This is a Communities for Children activity funded by the Australian Government Department of Social Services.

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THURSDAY

Playgroup Thursday (FREE)

Time: 9.30am – 11.00am

Dates: During School Term

Our supported playgroup is a great place to meet other families, let your children play with others in a safe and supported environment.

Join Jodie for Playgroup each Thursday learning through play

Kids Club (FREE)

Time: 3.30-5.00pm

Dates: Thursday 9th May – 4th July 2019

Aged 8-12. Come join us after school for a range of fun activities. Yoga, drumming, cooking and arts and craft. Come alone or bring a friend. Bookings essential.

Bookings can be made through the centre on 8186 6944
Afternoon snacks provided

FRIDAY

Music Circle with Sherilee (FREE)

Time: 9.30 – 11.30

Dates: During school term

Come along with your child/ren to enjoy music with Sherilee and other families. Children get the opportunity to play instruments, sing songs and enjoy a shared snack together.

Facilitated by Sherilee
Bookings on 8186 6944

Baby Massage

Time: 12:30 – 2.00pm

Dates: 17th May – 14th June

Join us for a 5 Week course on learning how to read, make sense and respond to your baby through the ability to massage safely, confidently and respectfully. For babies ages 0 – 12 months and their parents/caregivers.

Queer Gamers

Time: 6:00pm – 9:20pm

Dates: 2nd Friday of the Month

Enjoy a range of different games in an accessible space for LGBTIQ+ people of all ages and their Allies
Phone 0401 319 931 for details

REGULAR PROGRAMS

Siblings in Focus

Times: 3.30pm to 5.00pm

Aldinga – Wednesdays weekly
@ Aldinga Community Centre

Seaford – Thursdays weekly
@ Seaford Community Centre

Hackham – Fridays Fortnightly
@ Hackham Community Centre

A program for 5-12-year-old siblings of children with disabilities and/or chronic illness.
Bookings to Tanya on 8186 6944

This is a Communities for Children activity funded by the Australian Government Department of Social Services

FREE Crèche

When:

Tuesdays 12pm – 2 pm
Wednesdays 9.30am – 2.30pm
Thursdays 12pm – 2pm

SCHOOL TERMS

We can care for your child/ren for 2 hours while you study, seek work or another activity that supports you to re-enter the workforce, education or look after yourself.

Bookings on 8186 6944

Please bring a snack/drink, anything your child/ren may require

Grow Free Cart

When: Weekdays

Time: 9.00am – 5.00pm

Did you know we now have a Grow Free Cart! The cart allows for the community to donate excess produce to share. Any members of the community are welcome to "Take what you need and give what you can."



Without the support and dedication of our volunteers and staff, the Centre would not be able to provide the services it does. Volunteers are the heart of the Centre. If you would like to share your skills as a Volunteer, please give us a call on 8186 6944.