A safe and supportive environment for parents struggling with complex adolescent behaviours
OUR GOAL IS TO REDUCE FAMILY CONFLICT, PREVENT FAMILY BREAKDOWN AND WORK TOWARDS PREVENTING YOUNG PEOPLE FROM EXPERIENCING HOMELESSNESS
Parenting has become more and more challenging in our fast paced and ever-changing society.

Adolescent violence in the home has increasingly brought challenges to many families across our community.

Who’s in Charge is designed to support parents and carers who are struggling with adolescents aged 12 -18 who use violence and abuse towards them and other family members.
Who’s in Charge is an 8 week course that provides parenting strategies for coping with difficult situations and behaviour.

The group sessions can help:

- Enable a safe and supportive environment for parents struggling with complex issues
- Reduce the guilt and shame that parents feel
- Provide strategies for managing children’s behaviour
- Discuss ideas for safety and self care
The course is facilitated by Sheila Davidson, an experienced Parent Adolescent Counsellor with Junction.

Who’s in Charge sessions take place in various locations.

Call 8392 3000 for more information, or to find out about sessions happening in your area.
For more information about our counselling services, please contact our Parent Adolescent Counsellor based at Junction Centre.

(08) 8392 3000
Monday - Friday
9am - 5pm